



# St Joseph's Church (Bukit Timah)

Weekly Parish Bulletin • 02 Mar 2025 • 8th Sun Ordinary Time (Year C)

📍 620 Upper Bukit Timah Road  
Singapore 678116

🕒 Gate Opening Hours:  
8.00am to 9.00pm

🌐 [stjoseph-bt.org.sg/](http://stjoseph-bt.org.sg/)

📘 [facebook.com/sjcbt/](https://facebook.com/sjcbt/)

## PARISH PRIEST

Rev Fr Christopher Lee  
Tel: 6760 0052

## ASST PARISH PRIEST

Rev Msgr Peter Zhang  
[peter.zhang@catholic.org.sg](mailto:peter.zhang@catholic.org.sg)

## ASST PARISH PRIEST

Rev Fr Lourdusamy Prasanna  
[lourdusamy.prasanna@catholic.org.sg](mailto:lourdusamy.prasanna@catholic.org.sg)

## SECRETARIAT

Maggie Chia Tel: 6769 1666  
[sjcbt.secretariat@catholic.org.sg](mailto:sjcbt.secretariat@catholic.org.sg)

## ADMINISTRATION

Evelyn Lau Tel: 6769 1608  
[sjcbt.admin@catholic.org.sg](mailto:sjcbt.admin@catholic.org.sg)

## MASS SCHEDULE

### WEEKDAY MASSES (Chapel of St Joseph)

Mon – Fri : 6.30am, 6.30pm  
Sat : 6.30am

### WEEKEND MASSES

Sat : 5.30pm (Sunset)  
Sun : 7.30am (Mandarin),  
9.30am, 11.30am and 5.30pm

### CONFESSIONS

15 mins before all weekend Masses in  
the Reconciliation Rooms in Church.

## OTHER SERVICES

### ADORATION ROOM

Mon – Fri : 8.00am to 9.00pm  
Sat : 9.30am to 7.00pm  
Sun : 8.00am to 7.00pm  
Public Holidays : 8.00am to 4.00pm

### COLUMBARIUM / ROSARY GARDEN / STATIONS OF THE CROSS

Mon – Sun : 8.00am to 8.00pm

### MEDIA CENTRE (BOOKSHOP)

Sat : 4.30pm to 7.00pm  
Sun : 8.30am to 1.00pm  
Every 2nd Sunday : 8.30am to 1.00pm,  
5.30pm to 7.00pm

### DEVOTIONS

**Holy Hour** : First Friday @ 8.00pm  
in Main Church (unless otherwise stated)

### Mass in Honour of St Joseph :

First Wednesday @ 8.00pm  
in Main Church

### Divine Mercy :

Every Friday @ 8.00pm (except First Fri)  
in the Chapel of St Joseph

### Garden Rosary :

First Saturday after the 5.30pm Mass

**Grotto Rosary** : Every 13th of the month  
after 6.30pm Mass (weekdays only)

### Holy Hour for Vocations :

Every Third Thursday of the month in  
the Chapel of St Joseph @ 8.00pm

### Blessing of Expectant Mothers:

Every Fourth Sunday of the month

## From the Desk of the Parish Priest

### Lent



Ash Wednesday marks the start of the 40-day Lenten season, a time of reflection, repentance, and spiritual renewal.

### Fasting and Abstinence

Fasting and abstinence are spiritual disciplines that help cultivate love for God and others.

#### Fasting :

Catholics between 18 and 59 years old are required to fast on Ash Wednesday and Good Friday. Fasting involves eating smaller portions - typically two half-meals and one full meal - with no snacks in between.

#### Abstinence :

Catholics aged 14 and above must abstain from meat every Friday throughout the year and not just during Lent. Exceptions are made when a Solemnity falls on a Friday or when a dispensation is granted (e.g., Chinese New Year). If one cannot observe abstinence, an alternative form of penance should be chosen.

### The Significance of Ashes

The use of ashes has ancient roots, symbolizing mourning, mortality, and penance in the Old Testament. The ashes used on Ash Wednesday come from burning the blessed palms from the previous year's Palm Sunday celebration.

When the priest or minister marks the forehead with ashes, they say either : "Remember that you are dust and unto dust you shall return" or "Repent and believe in the Gospel."

The tradition connects the beginning of Lent with the approach of Holy Week and Easter.

### The Three Pillars of Lent

Lent is built on three pillars:

1. Prayer: Deepening our relationship with God through prayer and devotion.
2. Fasting: Practicing self-denial and detachment from worldly desires.
3. Almsgiving: Showing compassion and kindness to others through acts of charity.

### Conclusion

May our observance of this Lenten season prepare us for the joyful celebration of Easter. Have a spirit-filled and meaningful Lent.

### Cemetery and Chapel of the Resurrection

St Joseph’s Church in Bukit Timah (SJCBT) had a cemetery behind the church for about 130 years from the 1850s to 1980s. This cemetery had been home for early departed parishioners and priests from Missions Etrangères de Paris (MEP).

Our cemetery had ten tombstones of MEP priests who had died in Singapore. Three tombstones were for MEP priests who were parish priests of SJCBT: Fr Anatole Mauduit (1817-1858), who built our Kranji chapel in 1846 and Bukit Timah church in 1853; Fr Elisee Delouette (1848-1897), who served SJCBT from 1872-1876; and Fr Jean-Marie Belliot (1848-1934), who led SJCBT from 1878-1934.

Five tombstones were for MEP missionaries who had died in Singapore: Fr Joseph Alibert (1835-1868), a missionary in Hainan; Fr Claude Tisserand (1809-1870), Rector of the College General regional seminary in Penang; Fr Gustave Derenne (1841-1870), a missionary in Cochin-China; Fr Alexandre Blanchet (1870-1896), who died while en route to Kwangtung; and Fr Christophe Mazery (1840-1900), who served at the Church of the Immaculate Conception in Penang and Our Lady of the Sacred Heart Church in Taiping.

Two tombstones were for MEP missionaries who died in the 1970s: Monsignor Michel Olcomendy (1901-1977), who was Archbishop of Malacca in 1953 and then of Singapore in 1972; and Fr Rene Girard (1903-1978), who held various positions in Malaya and Singapore, including as Personal Secretary to Archbishop Michel Olcomendy.

Fr Mauduit was initially buried in the nave of the church, but his remains were shifted several times: First to the cemetery in 1962 during the second phase of construction of the main body of the new church and later to the Chapel of the Resurrection in 1996. Fr Mauduit’s gravestone was then restored and placed in the Rosary Garden in 2016.

The remains of the MEP priests buried in the cemetery were exhumed and their ashes placed in SJCBT’s Chapel of the Resurrection. The remains of Archbishop Olcomendy were interred at the Cathedral of the Good Shepherd.

The transition from cemetery to Chapel of the Resurrection was a difficult period for our parish. As part of Singapore’s growth development, the old cemetery had closed for burials in 1984 and became State Land in 1987. The government also acquired the front portion of the church in 1988 for drainage and road widening.

In 1990, the parish tried unsuccessfully to buy back the lost cemetery land and build a Memorial Garden-cum-Columbarium. After a few years, the parish obtained approval to complete the Chapel of the Resurrection and columbarium niches on our own land behind the church in 1995, with official opening and blessing by Archbishop Gregory Yong. The cost of building the Chapel of the Resurrection had doubled to \$570,000. In addition, the parish had to re-purchase part of the cemetery land for parking spaces for the Chapel of the Resurrection.

The Chapel of the Resurrection was expanded with a parlour and four new blocks of niches in 2016, providing nearly 1800 niches in total. The parlour is fully air-conditioned with a seating capacity for 100-120 people and plenty of parking spaces. All the blocks for the niches are named after Apostles.

When you visit the Chapel of the Resurrection to pay respects to ancestors and loved ones, do also pray for the departed interred at the St John Block. There, you will see the niches of local parish priest Fr Simon Yim (who served SJCBT between 1977-1985 and died on 6 September 2002 aged 81); the Gabrielite Brothers (who taught in our schools and helped our parish in various ways); and the MEP priests (who left the comforts of home in France to spread the Catholic faith in Singapore and the region). Say also a prayer for other MEP and local priests who were buried or interred elsewhere in Singapore and overseas. Thank God for giving our parish a modern resting place for departed souls.

*By Peter Ling*



The tombstone of Fr Anatole Mauduit in the Rosary Garden. His niche is in the St John Block of the Chapel of the Resurrection.



# LENTEN PREPARATIONS

## Ash Wednesday Mass Timings (Wed 05 Mar)

**Day of Fasting and Abstinence**

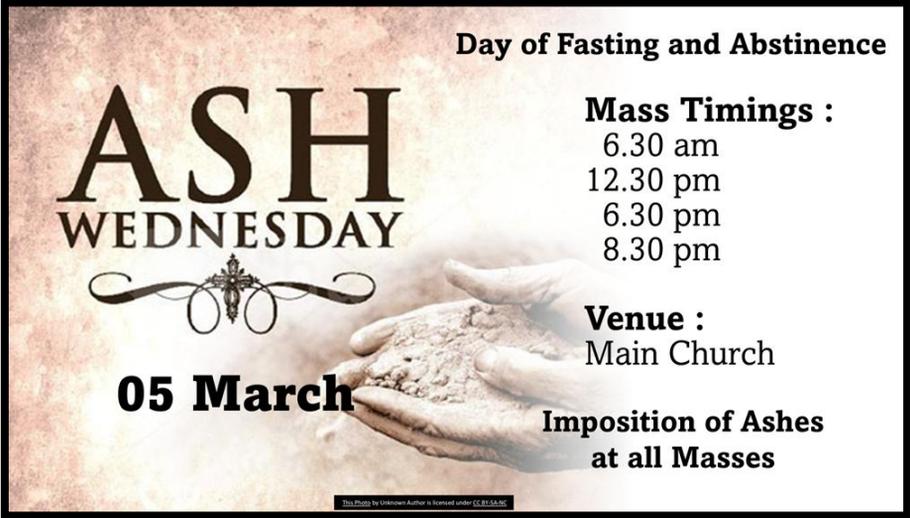
# ASH WEDNESDAY

**05 March**

**Mass Timings :**  
6.30 am  
12.30 pm  
6.30 pm  
8.30 pm

**Venue :**  
Main Church

**Imposition of Ashes  
at all Masses**



## Fridays in Lent (Stations of the Cross)



Dates	
07 Mar	28 Mar
14 Mar	04 Apr
21 Mar	11 Apr

**Fridays in Lent**

Stations of the Cross : 7.30 pm  
Mass : 8.00 pm  
Main Church

## Divine Mercy Way of the Cross (Thursdays)

### Divine Mercy Way of the Cross

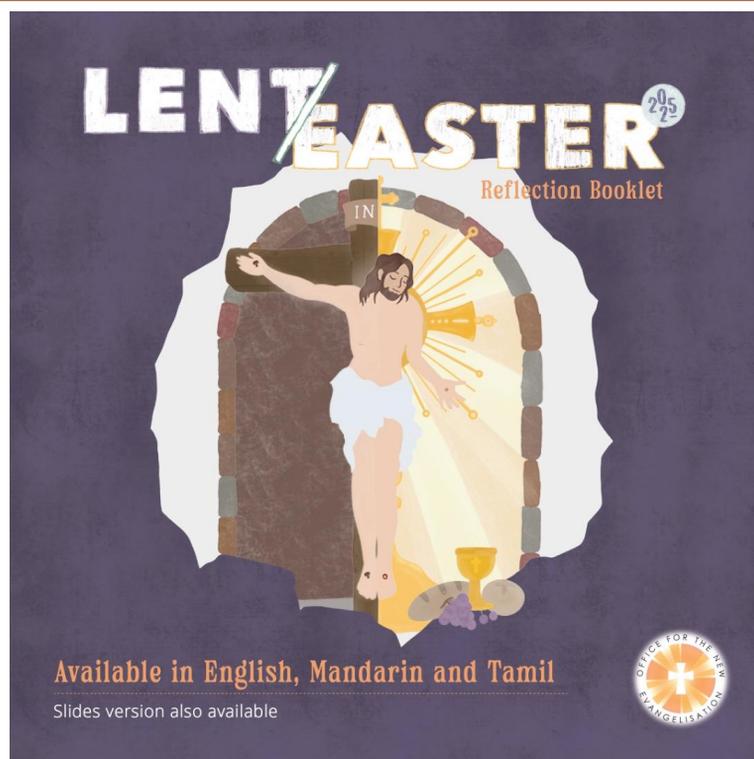
Every Thursday @ 8 PM  
6, 13, 19 (Wed) and 27 Mar  
3, 10 and 17 Apr  
Chapel of St Joseph

For more information,  
contact Michael @ 9270 1712.

All are Welcome



## The Way of the Cross with St Joseph



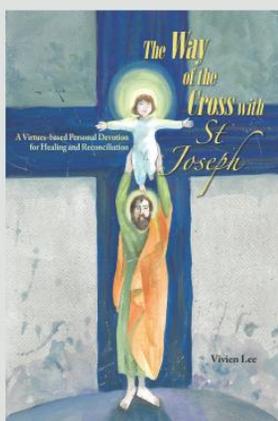
Let us prepare our hearts this Lent & Easter for the newness of life in Christ Jesus

Download Now



one.org.sg

## The Way of the Cross with St Joseph



- *Desiring to grow in virtue?*
- *Looking for a meaningful Lenten reflection?*
- *Seeking to know St Joseph more deeply?*

*You now have...*

### **The Way of the Cross with St Joseph:**

**A Virtues-based Personal Devotion for Healing and Reconciliation**

See pages 16-17 for a quick start!

### **How is the book relevant?**

In calling for Jubilee 2025 with the theme “Pilgrims of Hope”, Pope Francis writes: “We must fan the flame of hope that has been given us and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart and far-sighted vision.” Given St Joseph’s faithfulness despite being confronted with ample challenges as the foster-father of Jesus, he exemplifies what it means to be a pilgrim of hope. He is a model of the open spirit, trusting heart and far-sighted vision that the Holy Father speaks of.

The Priests of the Parish are presenting every family with a copy of the book, The Way of the Cross with St Joseph: A Virtues-based Personal Devotion for Healing and Reconciliation, to aid your prayer during this special year. You can collect your copy after all Masses on 01 – 02 March.

### **What is the book about?**

The book offers the reader a fresh perspective of the Way of the Cross by considering St Joseph’s life and influence on the child Jesus alongside that of Jesus’s final journey. Adopting a virtues-based approach, it considers the practical aspects of Christian living and advocates for the restoration of relationships with self, others and God. These virtues are summarised on pages 144 and 145.

Let us deepen our insights into St Joseph’s life, and through him grasp the hope which Jesus offers.

## HOSPITALITY MINISTRY RECRUITMENT



Calling Catholics above 18 years of age, if you are willing to serve the Lord through this ministry, we will be happy for you to join us.

Please drop us an email at [hospitality.ministry.sjc@gmail.com](mailto:hospitality.ministry.sjc@gmail.com) or speak to any of our ministry members after the Mass.

Thank you!

## Service to the Community

Every weekend when you come for Masses, there are many teams working backstage to ensure that our Masses run smoothly and our communications are executed with precision. If you would like to play a part in serving our Masses, these are the Ministries / Service Teams that are in need of more members.

- (1) Audio Visual Aids – to assist with preparing and projecting slides for Masses;
- (2) Choirs – looking for new members
- (3) Hospitality – see ad above
- (4) Parish Emergency Preparedness Team (PEPT)
- (5) Media Team – see ad
- (6) SAHOP – see ad

You can approach any of the members to indicate your interest; or register yourselves at the Welcome Desk.

## Join the Little Praisers Children's Choir!



*Do you love to sing?  
Are you between the ages of 6 and 12?*

Come and be part of a fun and exciting group where you'll make new friends, learn to sing hymns and praise & worship songs, and sing as a choir during mass.

Sign up today!

For more information, WhatsApp **Simon** at **91396399**

## Join the St. Joseph's Church Media Team!

Are you passionate about photography, videography, video editing, or content creation?

St. Joseph's Church is looking for talented individuals like YOU to join our dynamic media team!

☀️ What we're looking for - Photographers, Videographers, Video Editors, Content Creators to join us.

We create exciting media projects that inspire and engage our parish community.

Please WhatsApp Audi @ 92412937 to register your interest.



Prayer thru Music



JUBILEE 2025  
Pilgrims of Hope in Community

Urgently seeking dedicated

**Keyboardist & Drummer** (Taken)

to join us in worship if you have passion for music & prayer!

Please contact:

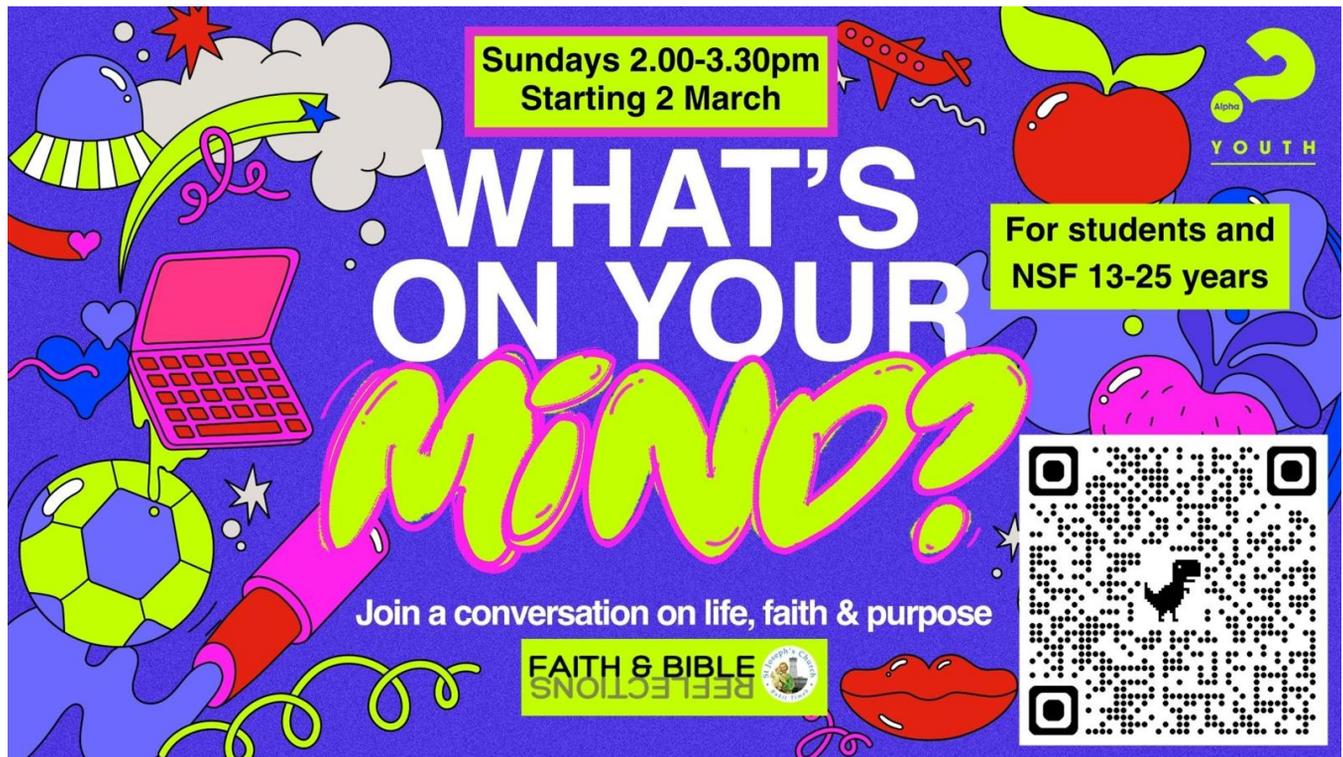
**Henry @ 9115 7616 or Bernard @ 9822 7103**

Assisi Fun Day : Ticket Sales (01 – 02 Mar)



Staff and volunteers from Assisi Hospice will be at our church on 1 March from 4.30pm - 7.00pm and on 2 March from 8.00am - 1.00pm to sell carnival coupons for their upcoming Assisi Fun Day. Assisi Hospice serves 3,200 patients each year, with 70% of them being means-tested at the lowest income tier and in need of financial support. The funds raised will help Assisi Hospice to continue their mission of providing compassionate, personalised and quality palliative care to patients with life-limiting illnesses. Please support them by purchasing the carnival coupons or making a donation.

What's on your Mind? (Starting 02 Mar @ 2 pm)



This Lent, join the Youth Faith & Bible Reflections community as we explore life, faith and purpose. Register at: [tinyurl.com/YFABLEnt25](http://tinyurl.com/YFABLEnt25)

Mysteries of the Rosary (Tue 04 Mar in person OR Tue 04 Mar via Zoom)

# MYSTERIES of the ROSARY

## The Sorrowful Mysteries

Reflect on the Passion & Death of Jesus with this 7-part series beautifully filmed in the Holy Land!

**Face-to-face:** (no registration needed)

- Starts Tues 25 Feb 11.05am, St Joseph AVA Rm

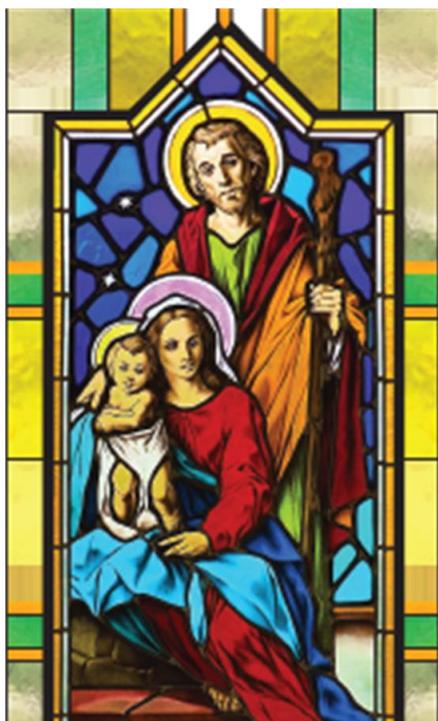
**Online via Zoom:**

- Starts Tues 4 Mar 8pm and Wed 5 Mar 9am
- Register at: [tinyurl.com/FABLent25](https://tinyurl.com/FABLent25)



Journey through Lent by reflecting on the Passion and Death of Jesus with a video series on the Sorrowful Mysteries. 7 sessions face-to-face and online via Zoom. Please register for the online sessions at [tinyurl.com/FABLent25](https://tinyurl.com/FABLent25)

Solemnity of St Joseph, Spouse of the Blessed Virgin Mary (Wed 19 Mar0)



Wed 19 Mar : St Joseph,  
Spouse of the BVM

6.30 am : Mass in the Chapel of St Joseph

6.30 pm : Mass will be held in the Main Church

Please note that the evening Mass will be held in the Main Church.

## AROUND THE PARISH

Prayer thru Music (Fri 21 Mar @ 8 pm)



- ❖ Praise & Worship
- ❖ Scripture Readings
- ❖ Spiritual Talk
- ❖ Community Bonding

Rev Fr Joseph Zhang , CDD  
Superior of Congregation of the Disciples of the Lord  
(Congregatio Discipulorum Domini)



**“He loved us”**

**21 March 2025 (Friday) 8PM**  
**@ Level 3, St Mary, AVA Room**  
**Parish Community Hall**



**Prayer thru Music** ©  
(brought to you by SAHOP)



**JUBILEE 2025**  
Pilgrims of Hope in Community



e-mail:sahop.sjcbt@gmail.com

## AROUND THE ARCHDIOCESE

2025 Archdiocesan Assembly (01 Mar)

SINGAPORE  
ARCHDIOCESAN  
ASSEMBLY 2025  
With Christ, Building the Kingdom of God



The 2025 Archdiocesan Assembly (AA) is held on 1 March 2025. It is a gathering of representatives from parishes and church organisations to discern the next 10-year pastoral plan for our Church in Singapore.



Scan the QR to read the 3<sup>rd</sup> version of the Schema of the Pastoral Priorities.  
Watch the video to learn about the journey towards the 2025 AA.

## Love Without Limits (7 – 9 Mar)

MONTFORTIAN EXPERIENCE LENTEN RETREAT

# Love WITHOUT Limits

**7-9 March 2025**  
7 PM (Friday) - 1 PM (Sunday)  
Stay-in retreat

**Montfort Centre**  
624 Upper Bukit  
Timah Road  
Singapore 678212



MONTFORT CENTRE  
ALL FOR THE SAME ALIEN

In order to draw closer to us and give us a more convincing proof of his love, eternal Wisdom went so far as to become one like us, even to become a little child, to embrace poverty and to die upon a cross for us. Will you let Jesus, friend of sinners, come to you and love you just as you are?

Register at: <https://www.montfortcentre.org/events-1/love-without-limits>

## Building Trust (8 Mar)

### BUILDING TRUST (TRU)

Date: 8 Mar 2025 OR

12 Apr 2025

Time: 9.30am - 3:30pm

Venue: Agape Village, 7A Lor 8  
Toa Payoh, MPR1 (#03-09)

Cost: \$100/- (lunch included)



CATHOLIC  
LEADERSHIP  
CENTRE

Register at: [www.catholicleader.sg](http://www.catholicleader.sg)

Through conversations and interactive group activities, participants will develop a shared understanding of trust and take personal responsibility for how they can develop deeper levels of trust at an inter-personal and group level.

# AROUND THE ARCHDIOCESE

## Quieting The Soul (7 – 9 Mar)

Take some time out with the Lord as He invites you to "come away by yourselves to a deserted place and rest a while." [Mark 6:31]

This is a 3-day silent retreat suitable for beginners and busy people.

Register early using QR code.



A Cenacle Programme

# Quieting THE SOUL

3-day Silent Retreat  
@SFX retreat center  
Punggol  
7-9 March, 2025



## SACCRE (15 Mar @ 12 nn)



#GoldenJubilee2025

# UNITED Worship

CATHOLIC CHARISMATIC RENEWAL SINGAPORE

50 years ARISE SHINE

GOLDEN JUBILEE 1975 - 2025

WORSHIP NIGHT | EUCHARISTIC CELEBRATION | PREACHING + PRAYER

## 15 MAR 2025

🕒 12:00pm - 9:30pm

📍 Main Hall, Holy Innocents' High School  
1191 Upper Serangoon Road,  
Singapore 534786

MAIN SPEAKER



**Bro. Jude Antoine**  
Catholic Lay Missionary, Malaysia

EUCHARISTIC CELEBRATION



**Fr. Emmanuel Noel, OCD**

- Registration Fee: 20 SGD/Person
- Includes: Refreshments, Dinner & Souvenir
- Scan the QR Code / visit the link to register:



[tinyurl.com/saccre-uw2025](https://tinyurl.com/saccre-uw2025)



FOLLOW US  
@SACCRE.SG

Contact us for enquiries  
6280 7003  
saccre.resource.centre@gmail.com

# AROUND THE ARCHDIOCESE

## CJC 50<sup>th</sup> Anniversary (Sat 15 Mar)



The banner features three circular images: a group of people socializing, two women in red polo shirts, and a group of students at a fair. The background is blue and yellow with decorative elements.

**CJ 50**  
1975  
2025  
A FAMILY UNITED  
IN TRUTH & LOVE

**CJC 50TH ANNIVERSARY  
FOOD & FUN FAIR**

SAT 15 MARCH • 9AM - 5PM  
CATHOLIC JUNIOR COLLEGE

Get your tickets now!



## Beginning Experience (21 – 23 Mar)



A close-up photograph of a butterfly with dark wings and blue spots, perched on a green leaf.



REGISTER YOUR INTEREST  
[HTTPS://WWW.BESINGAPORE.ORG/BE\\_EVENT](https://www.besingapore.org/be_event)

## BEGINNING EXPERIENCE WEEKEND

DIVORCED?  
SEPARATED?  
WIDOWED?

TURN THE  
PAIN OF LOSS  
INTO AN EXPERIENCE OF  
POSITIVE GROWTH.

**DATE: FRIDAY 21 MAR TO SUN  
23 MAR 2025**

**VENUE: LIFESPINGS  
CANOSSIAN SPIRITUALITY  
CENTRE**

**EXPERIENCE A WEEKEND  
AWAY FOR A LIFETIME OF  
CHANGE.**

**FOR MORE INFORMATION, PLEASE CONTACT:**

**RODNEY 9693 0785  
MARY 9755 4310  
JEAN 9828 5162**

[WWW.BESINGAPORE.ORG](http://www.besingapore.org)

 *Beginning Experience*  
listen.accompany.heal

Come and experience a weekend away for a lifetime of change. The 68th Beginning Experience (BE) Weekend is a live-in weekend for the permanently separated, divorced or widowed (for both males and females). The BE Weekend helps single-again individuals move on from the darkness of their grief into the light of a new beginning, to be healed and be free to love themselves, others and God.

Creating Safe Spaces (22 – 23 Mar)



**Creating Safe Spaces**  
*in Communities and Religious Institutions*

**WHEN:** 22-23 March 2025; 9:00-5:00 pm  
**WHERE:** La Salle House Conference Room  
Facilitated by Fr. James Gascon, SJ

**Who should attend?**  
Leaders and members of Church ministries/Catholic organisations  
Persons who accompany others *teachers, mentors, catechists, facilitators, etc.*

A Cenacle-organized workshop



**REGISTER NOW**

This two-day workshop seminar introduces Safeguarding as Charism and Spirituality, starting with its theological and spiritual foundation. Abuse and all its forms will be defined. The dynamics of victimization and offending will also be explored. This workshop is highly recommended to all holding leadership positions in the Church.

As Pope Francis insists, “We are a sign that the ministry of safeguarding belongs to all of us as it is part of the Church's ministry, indeed of evangelization itself,” and without safe spaces and interior freedom from the heart, our Church will never be safe where the Gospel is freely proclaimed.

His Seven Last Words on the Cross (Fri 28 Mar)

# His Seven Last Words On The Cross

A Lenten Reflection by Br Collin Wee, FSC

Register now  
<https://forms.gle/c8rmsf1cpmBxAjBd8>



**Date:** Friday, 28 March 2025  
**Time:** 8 pm – 10 pm  
**Venue:** La Salle House  
 490 East Coast Road, S'pore 429058  
**Contribution:** \$40 per adult  
 SAVE \$10 WITH EARLY BIRD OFFER  
 of \$30 per person if you register before  
 Wednesday, 12 March



**Choice Weekend (29 – 31 Mar)**



**CHOICE** FOR YOUNG ADULTS  
SINGLE OR DATING  
**18-40**

**CHOICE WEEKEND**  
A CATHOLIC FAMILY LIFE AFFILIATE

UNCOVER THE RICHNESS AND POVERTY  
OF YOUR RELATIONSHIPS

29 - 31 March 2025  
Weekend @ LaSalle House

6 - 8 June 2025  
Weekend @ San Damiano Franciscan Centre

18 - 20 October 2025  
Weekend @ Punggol Retreat Centre

Registration closes 2 weeks  
before each weekend

Contact Greg @ 91704011  
<https://bit.ly/ChoiceSG25>

**Paschal Triduum : Holy Week Retreat (17 – 20 Apr)**



**PASCHAL TRIDUUM:**  
**Holy Week Retreat**

**17-20 April 2025**  
**at La Salle House**

**Stay-In Retreat**  
**Limited Vacancies**  
**Register early**

A Cenacle  
organized  
Programme

There will be daily input sessions, spiritual direction, Sacraments and Liturgies from Maundy Thursday to Easter Sunday. Due to limited rooms, early registration is recommended.



# Mission

## BRINGING THE EASTER JOY OF THE RESURRECTION TO REFUGEES IN BOGOR

Our mission seeks not only to meet essential needs but also to equip these individuals and families with the tools to regain self-reliance and rebuild their lives. By accompanying them on this journey of recovery, we remind them that they are not forgotten. Together, we can offer a beacon of hope and the assurance of God's unfailing love.

*St. Iosemaria: "Do not forget that doing good means more than wanting to do good. We must sacrifice ourselves, by giving ourselves, for the good of others."*

### 30TH APRIL TO 4 MAY 2025

#### WHAT WE WILL DO

During this mission trip, we will engage in a range of impactful activities designed to bring hope, healing, and empowerment to the refugee community

#### PILGRIMAGE

We end the mission with a pilgrimage of thanksgiving and presentation of petitions to the Church of Our Lady of the Assumption, a neo-gothic masterpiece and one of Indonesia's most iconic Catholic landmarks.

#### HOW YOU CAN HELP

Be a part of the mission. Donate preloved or new items needed by the refugees. If you cannot join, consider sponsoring someone willing to serve but unable to afford the expenses. Pray for Us:

+65 92347889

<https://www.gebirah.org/bogorrefugees>

[gebirah@charis-singapore.org](mailto:gebirah@charis-singapore.org)



From Shifting Sand to Solid Ground (17 – 18 May)

# From Shifting Sand to Solid Ground

A Midlife Retreat by Sr. Bubbles, RC

**Dates: 17-18 May 2025**

**Venue: La Salle House**

*We need to walk on shifting sand to find a home on Solid Ground.*



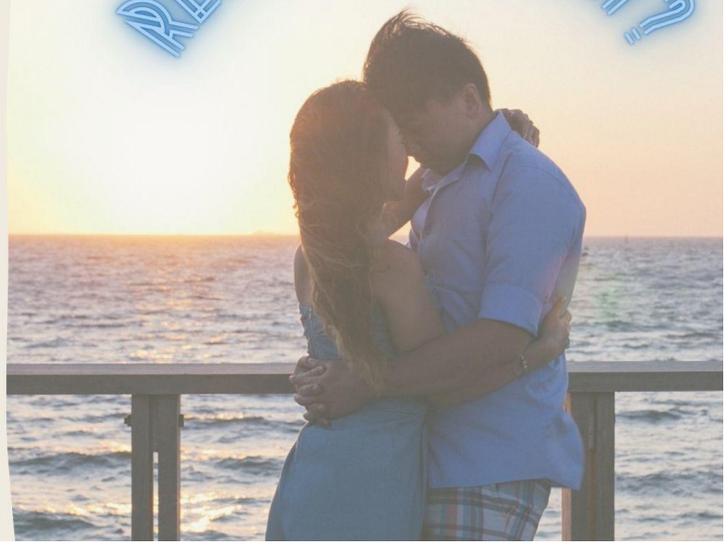
The retreat will evoke significant questions during this life transition: Who am I? How have my relationships impacted me? How would I like to live meaningfully and fruitfully? While the approach to this retreat is psycho-spiritual, the call at this life stage is essentially to undertake a spiritual journey towards a more intimate relationship with self, others and God.

## Marriage Preparation Courses



This course, spanning over 6 half-day sessions on weekends, is designed to help couples build strong foundation for a lasting fulfilling marriage.

READY TO MARRY?



**2025 DATES**

**CLOSED** ~~09 Feb - 16 Mar~~

**Q2** 04 May - 08 Jun

**Q3** 20 Jul - 31 Aug

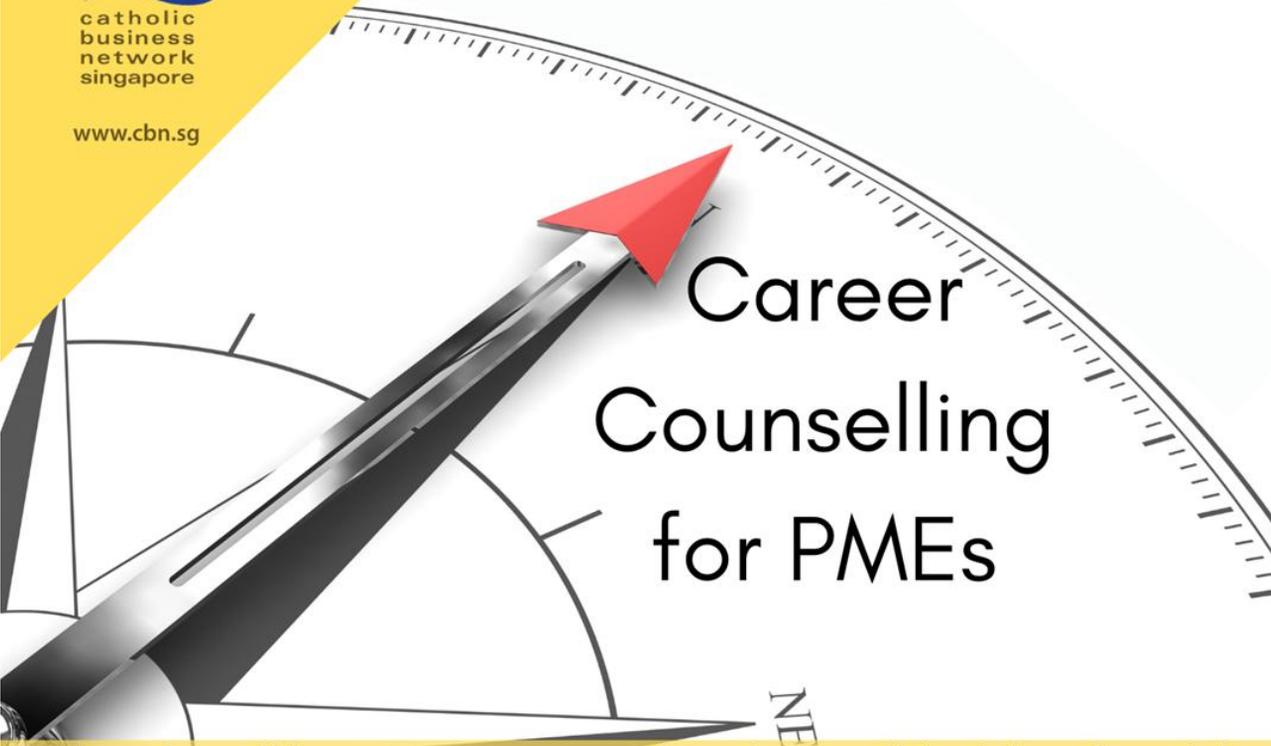
**Q4** 05 Oct - 09 Nov

Scan to Register!



Couples intending to celebrate your union in the Catholic Church are encouraged to attend MPC as early as possible before your wedding date

For more info : [www.mpcsingapore.com](http://www.mpcsingapore.com)



# Career Counselling for PME

*"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Mt 7:7*

- ✓ CAREER EXPLORATION
- ✓ WORKPLACE WELL-BEING
- ✓ CAREER TRANSITION
- ✓ JOB SEARCH STRATEGIES

Sessions conducted via Zoom



Scan the QR Code to Register

*There will be a nominal charge of \$10 to cover administrative costs. All PMEs are welcome*