






# St Joseph's Church (Bukit Timah)

Weekly Parish Bulletin • 10 Mar 2024 • 4th Sunday of Lent (Year B)

 620 Upper Bukit Timah Road  
Singapore 678116

 Gate Opening Hours:  
8.00am to 9.00pm

 [stjoseph-bt.org.sg/](http://stjoseph-bt.org.sg/)

 [facebook.com/sjcbt/](https://facebook.com/sjcbt/)

## PARISH PRIEST

Rev Fr Christopher Lee  
Tel: 6760 0052

## ASST PARISH PRIEST

Rev Msgr Peter Zhang  
[peter.zhang@catholic.org.sg](mailto:peter.zhang@catholic.org.sg)

## ASST PARISH PRIEST

Rev Fr Lourdusamy Prasanna  
[lourdusamy.prasanna@catholic.org.sg](mailto:lourdusamy.prasanna@catholic.org.sg)

## SECRETARIAT

Maggie Chia Tel: 6769 1666  
[sjcbt.secretariat@catholic.org.sg](mailto:sjcbt.secretariat@catholic.org.sg)

## ADMINISTRATION

Evelyn Lau Tel: 6769 1608  
[sjcbt.admin@catholic.org.sg](mailto:sjcbt.admin@catholic.org.sg)

## MASS SCHEDULE

### WEEKDAY MASSES (Chapel of St Joseph)

Mon – Fri : 6.30am, 6.30pm  
Sat : 6.30am

### WEEKEND MASSES

Sat : 5.30pm (Sunset)  
Sun : 7.30am (Mandarin),  
9.30am, 11.30am and 5.30pm

### CONFESSIONS

15 mins before all weekend Masses in  
the Reconciliation Rooms in Church.

## OTHER SERVICES

### ADORATION ROOM

Mon – Fri : 8.00am to 9.00pm  
Sat : 9.30am to 7.00pm  
Sun : 8.00am to 7.00pm  
Public Holidays : 8.00am to 4.00pm

### COLUMBARIUM / ROSARY GARDEN / STATIONS OF THE CROSS

Mon – Sun : 8.00am to 8.00pm

### MEDIA CENTRE (BOOKSHOP)

Sat : 4.30pm to 7.00pm  
Sun : 8.30am to 1.00pm  
Every 2nd Sunday : 8.30am to 1.00pm,  
5.30pm to 7.00pm

### DEVOTIONS

**Holy Hour** : First Friday @ 8.00pm  
in Main Church (unless otherwise stated)

**Mass in Honour of St Joseph** :  
First Wednesday @ 8.00pm  
in Main Church

### Divine Mercy :

Every Friday @ 8.00pm (except First Fri)  
in the Chapel of St Joseph

### Garden Rosary :

First Saturday after the 5.30pm Mass

**Grotto Rosary** : Every 13th of the month  
after 6.30pm Mass (weekdays only)

### Holy Hour for Vocations :

Every Third Thursday of the month in  
the Chapel of St Joseph @ 8.00pm

### Blessing of Expectant Mothers:

Every Fourth Sunday of the month

## From the Desk of the Parish Priest

The Fourth Sunday of Lent is also known as Laetare Sunday. Laetare in Latin means “rejoice.”

Hence, the priests will wear pink (rose) instead of purple vestments as a sign of joy at the coming of Easter. It symbolises that even during Lent, we can find joy in the promise of Christ’s resurrection. It is also a gentle reminder to take stock of our spiritual obligations before the Lenten season ends.

## Upcoming Lenten Programmes

Still have not pursued any Lenten projects? Here is a list of projects that you can embark on.

### 1. Prayer (refer to page 2 for details)

#### a) **Neighbourhood Prayer Walk**

You are invited to take a prayer walk around your neighbourhood or our parish to pray for residents and organisations. Walk as a family or with friends or by yourself in your own time.

#### b) **Tenebrae Service**

On Good Friday, there will be a Tenebrae service after the 3pm Good Friday service. Come join in a time of prayers, readings, reflections and hymns on the suffering and death of Jesus as we observe this solemn day of prayer and fasting. The Tenebrae service will be held in the Parish Community Hall. All are welcome.

#### c) **Indoor Stations of the Cross**

Every Friday at 7.30 pm followed by Mass at 8.00 pm in the Main Church.

### 2. Fasting

As Pope Francis suggested, fast from hurting words, sadness, anger, pessimism, worries, complaints, pressures, bitterness, selfishness, grudges and words (be silent and listen!).

### 3. Almsgiving

Do your part and donate to the various charities that need your support.

#### a) **Charities Week 2024 (refer to page 3 for details)**

#### b) **Society of St Vincent de Paul**

Your donations will support families within our district who are in need.

# AROUND THE PARISH – LENTEN ACTIVITIES

## Neighborhood Prayer Walk

### Neighbourhood Prayer Walk

Let us walk & pray for our neighbours, schools, families, society & the Church this Lent!

Visit the Welcome Desk or download your prayer walk materials here: [tinyurl.com/2024PrayerWalk](http://tinyurl.com/2024PrayerWalk)



Take a prayer walk around your neighbourhood or our parish to pray for residents and organisations. Walk as a family or with friends or by yourself in your own time. Download the free prayer walk materials from: [tinyurl.com/2024PrayerWalk](http://tinyurl.com/2024PrayerWalk)

## Tenebrae Service (Fri 29 Mar @ 5 pm)

Join in a time of prayers, readings, reflections and hymns on the suffering and death of Jesus as we observe this solemn day of prayer and fasting.

### Tenebrae Service

Good Friday  
March 29  
5pm - 6pm  
Parish Community Hall  
All are Welcome



## Holy Saturday Pilgrimage to Holy Cross (Sat 30 Mar)

### Holy Saturday Pilgrimage to Holy Cross

Holy Saturday 30 Mar  
Starting at 8.00am  
From our parish via the Rail Corridor to the Church of the Holy Cross.

Register with the Welcome Desk downstairs or scan the QR Code  
<http://tinyurl.com/2024SJCBCPilgrimage>



All parishioners are invited to join in a pilgrimage on Holy Saturday to the Church of the Holy Cross in Clementi via the Rail Corridor. Come as a family or invite friends to enjoy nature and reflect on God's creation. Non-Christians are welcome to participate. Please register at <http://tinyurl.com/2024SJCBCPilgrimage>.

For more information on the above events, please email [sjcbt.pastoral@catholic.or.sg](mailto:sjcbt.pastoral@catholic.or.sg) or visit the Welcome Desk outside St Joachim Room after weekend Masses.

# AROUND THE PARISH – LENTEN ACTIVITIES

## Charities Week 2024

*“Walk With Me”*  
24 Feb - 5 May 2024



CHARITIES WEEK  
2024

This Lent, journey with the Lord by walking with our Brothers and Sisters in need.

Please support and donate generously towards Charities Week 2024, an Archdiocesan annual fundraising project. The funds raised will enable the Caritas Singapore Family to provide vital programmes and services to serve the poor and elderly, persons with disabilities or special needs, migrants, youth-at-risk, lower-income families, and more.

Pick up a Charities Week 2024 envelope to donate and mail it to Caritas Singapore (for cheques only) or drop it in the donation box in the Cry Room.  
You may also wish to donate online by scanning the QR code:



## North District Lenten Penitential Services

Day & Date	Parish	Time
Mon 11 March	Holy Spirit	10.30 am & 8 pm
Tue 12 March	St Joseph’s Church (BT)	8 pm
Wed 13 March	Risen Christ	10.30 am & 8 pm
Thu 14 March	Our Lady Star of the Sea	8 pm
Mon 18 March	Christ the King	10.30 am & 8 pm
Tue 19 March	St Anthony	8 pm

## Holy Week Mass Timings

2024 HOLY WEEK MASS SCHEDULE				
				
<b>PALM SUNDAY</b> (圣枝主日)	<b>MAUNDY THURSDAY</b> (圣周四)	<b>GOOD FRIDAY</b> (圣周五)	<b>EASTER VIGIL</b> (圣周六)	<b>EASTER SUNDAY</b> (复活主日)
<b>23 MARCH</b> 5.30PM (Sunset Mass)	<b>28 MARCH</b> 6.30PM 8.30PM	<b>29 MARCH</b> 9.00AM (华语礼仪) 11.00AM (Service) 1.00PM (Service) 3.00PM (Stations and Service)	<b>30 MARCH</b> 7.30PM (with Baptism) (No 6.30AM Mass)	<b>31 MARCH</b> 7.30AM (华语弥撒) 9.30AM 11.30AM 5.30PM 2.00PM (华语弥撒+领洗)
<b>24 MARCH</b> 7.30AM (华语弥撒) 9.30AM 11.30AM 5.30PM	Adoration of the Blessed Sacrament after 8.30PM Mass, till Midnight (No 6.30AM Mass)			
St Joseph's Church (Bukit Timah)				

Pick up a copy of the pocket-size card on the Holy Week Mass timing at the entrances to the Church.

## Fridays in Lent : Stations of the Cross and Mass



7.30 pm : Stations of the Cross  
8.00 pm : Mass  
Main Church

Fridays : 15 Mar / 22 Mar



AROUND THE PARISH – LENTEN ACTIVITIES (CONT'D)

Online Lenten Reflections (Commencing 13 Feb)

JOIN US FOR

Online Lenten Reflections

EVERY TUES 8-9.45PM OR  
EVERY WED 9-10.45AM  
13 FEB - 20 MAR  
AGE: 20+ YEARS

REGISTER:  
TINYURL.COM/LENTFAB2024








*Would you like to know the Bible better? Would you like to deepen your relationship with God?*  
All parishioners aged 20+ are warmly invited to gather online every Tuesday night or Wednesday morning in Lent for the Online Adult Lenten Reflections. Let us come together via Zoom to reflect on the Sunday Readings. Organised by the Faith and Bible Reflections Community of St Joseph's Church. Please scan the QR code or visit [tinyurl.com/LentFAB2024](https://tinyurl.com/LentFAB2024) for more information and to register.

Youth Lenten Reflections (Commencing 18 Feb)

YOUTH LENTEN REFLECTIONS

For Secondary & Tertiary students,  
Every Sunday during Lent, in Church  
Sundays, 3.30-5.00pm      18 February - 24 March



Register at: [tinyurl.com/YouthLent2024](https://tinyurl.com/YouthLent2024)

Calling all youths in Secondary 1 and above, you are warmly invited to gather in person every Sunday in Lent, 3.30-5pm at our parish for the Youth Lenten Reflections. Meet fellow Catholic youths and find out how the Bible is still relevant to our lives today. Please scan the QR Code or visit [tinyurl.com/YouthLent2024](https://tinyurl.com/YouthLent2024) for more information and to register.

Divine Mercy Way of the Cross

# Divine Mercy Way of the Cross

Every Thursday @ 8 PM  
22 and 29 Feb  
7, 14 and 21 Mar  
Chapel of St Joseph

For more information,  
contact Michael @ 9270 1712.

All are Welcome



Art & Faith (Wed 20 Mar @ 8 pm)



## An Art&Faith talk

What did Jesus do during his last seven days? There is a rich legacy of art depicting the Lord's final journey to complete His earthly mission. Join us as we explore art pieces of these significant events. Through this, we can reflect on the most sacred days of our Catholic faith, the Holy Week.

Wed, 20th March 2024 | 8.00-10.00pm  
St Joseph's Church (Bukit Timah)  
St Joseph AVA Room, Level 2  
Speaker: Patricia Tan

THE  
Last 7 Days

OF THE LIFE  
OF JESUS





Encounter Rally (Thu 21 Mar)

# ENCOUNTER RALLY HOMECOMING

St Joseph's Church (Bukit Timah), Main Church

Thursday, 21 March 2024

7.30pm to 10pm

Speaker:

Fr Valerian Cheong



Come together with friends and family  
for a meaningful encounter with the Lord.

Feel free to bring along non-Christians to share this encounter!

**PRAISE & WORSHIP ■ PREACHING ■ HEALING PRAYER**



Prayer thru Music (Tue 26 Mar @ 7.30 pm)



*Prayer thru Music*  
(brought to you by SAHOP)

**Journey with Jesus  
from  
Gethsemane to Calvary**

**"Dreams and  
God's Revelation"**

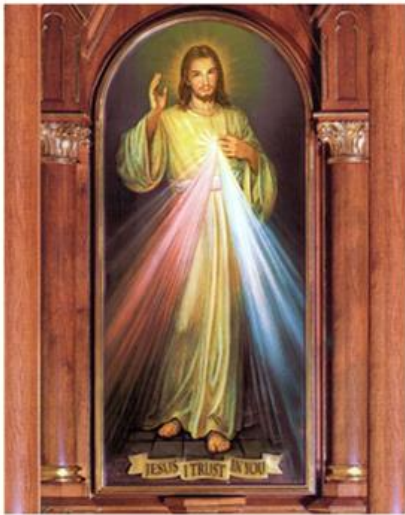
**Guest Speaker:  
Fr Joseph Zhang**

**Tuesday 26th March 2024 @ 7.30pm**  
**Level 3, AVA Room**  
**Parish Community Hall**

**"He Who Sings Prays Twice" – St. Augustine**



# Novena to the Divine Mercy



- Day 1 : 29 March - Good Friday @ 5pm
- Day 2 : 30 March - Holy Saturday @ 3 pm
- Day 3 : 31 March - Easter Sunday @ 3 pm
- Day 4 : 01 April - Easter Monday @ 8 pm
- Day 5 : 02 April - Easter Tuesday @ 8 pm
- Day 6 : 03 April - Easter Wednesday @ 8 pm
- Day 7 : 04 April - Easter Thursday @ 8 pm
- Day 8 : 05 April - Easter Friday @ 8 pm
- Day 9 : 06 April - Easter Saturday @ 1pm

Venue : Chapel of St Joseph

Catholic Parenting (6 & 13 April)



Catholic  
Family Life

## "Is there a Catholic way to parent?"

Learn how to instill Faith & Virtues in our children

### Catholic Parenting

A 2-session workshop to prepare you  
for intentional Catholic parenting  
by Dr. John Hui

- Part 1: Foundations of Catholic Parenting
- Part 2: Forming Our Children in Faith & Virtues

When: 6 & 13 April, 3.15pm – 5.15pm  
Where: St. Joseph Church Parish Hall  
Cost: \$20 for the workshop



REGISTER NOW



bit.ly/CP\_SJC

Come discover how as Catholic parents, we can live out our mission to be priest, prophet and king in the family. Learn how to instil Faith & Virtues in our children.

SSVP Statement of Accounts



Society of St Vincent de Paul  
Conference of St Joachim  
Statement of Income and Expenses for February 2024

Donations	\$ 18,082.38
Expenditure	\$ 15,418.48
Surplus	\$ 2,663.90

Thank you for your support for our Friends-in-Need!

Little Praisers



The Little Praisers children’s choir is recruiting!  
We invite children aged 6-11 who are interested in singing to join us.  
Please contact Simon @ 91396399.

We are also recruiting volunteers to help out in the choir either in musical development or provide supervisory support

Social Media Marketing

**volunteers needed**

**social media  
marketing**

drop by the welcome desk for  
more info or email  
[sjcvt.pastoral@catholic.org.sg](mailto:sjcvt.pastoral@catholic.org.sg)



The Parish Office is looking for  
creative volunteers to help  
enhance our parish's online  
and social media presence.


If you feel you can contribute,  
please drop by the Welcome  
Desk to gather more  
information.





AROUND THE ARCHDIOCESE

Pro-Life Rosary Prayer (Tue12 Mar @ 8.30 pm)




PREGNANCY  
CRISIS &  
SUPPORT  
a service of  
Catholic Family Life



COME AND JOIN US  
TO PRAY TOGETHER

PRO-LIFE  
ROSARY PRAYER



Scan to Join




12th of every month @ 8:30PM  
Meeting ID: 893 0017 3624  
Passcode: 121224

CJC Lenten Evening (Fri 22 Mar @ 5.30 pm)

CATHOLIC JUNIOR COLLEGE\*  
WELCOMES YOU TO.....

*Ashes to Glory*

LENTEN  EVENING



FRIDAY, 22ND MARCH  
5.30-9.00PM  
CJC AUDITORIUM  
AGE GROUP : 15-19 YEARS

Come experience **a night of worship,  
prayer and sharing** with students from  
other Catholic schools!  
Dinner will be provided.

\* In collaboration with the Office for Young People

**SHINE24**  
*Lazarus come out*  
*John 11:43*

\*For Poly, ITE and Private Diploma students between 16 to 23 years old only



Date: 20 March (Wed) - 23 March (Sat)  
Venue: 2 Lorong Low Koon, (S)536449  
Cost: \$59.95 (incl. 9% GST)  
Register here: <https://tinyurl.com/Shine2024>



Calling all Polytechnic, ITE and Private diploma students between 16-23 y/o! SHINE is a Catholic encounter retreat for all who are currently studying or waiting to be enrolled in any local Polytechnic, ITE, or private diploma institutions!

Jesus called out to Lazarus to become fully alive! As you enter into a new academic year, He is inviting you in the same way. Come and accept His invitation!

# Easter Vigil

**Why is this night different from all other nights?**  
**Talk by Collin Wee FSC**

Date: Friday, 22 March 2024  
Time: 8 pm – 10 pm  
Venue: La Salle House  
490 East Coast Road  
Singapore 429058  
Love Offering: \$20 per adult  
\$10 per student





Crucis Singapura (23 Mar)

Scan me!!

**CRUCIS SINGAPURA**  
A Barefoot Way Of The Cross

MAR  
**23**  
2024

For registration log on to  
[singapore.jesusyouth.org](http://singapore.jesusyouth.org)  
[crucis.singapura@jesusyouth.org](mailto:crucis.singapura@jesusyouth.org)  
Aji: 8339 1887 | Albin: 9058 1425

Come join us for a guided reflection  
of the Way of the Cross, offering our  
personal intentions, while walking  
barefoot across Singapore

An Initiative of Jesus Youth Singapore

Holy Week Retreat (28 – 31 Mar)

*We Celebrate A Love  
that will not let us go*

Beginning on Maundy Thursday morning, we  
remember the gift of Jesus Christ who calls us  
into friendship with Him and we witness His  
great love for us in this total act of self-giving.  
In the process, we hope to discover the meaning and relevance  
of his passion, death and resurrection in our own lives today.

**HOLY WEEK RETREAT**  
28-31 March 2024  
*By the Cenacle Sisters & team*  
*Register Early. Limited Spaces*

**STAY IN & SILENT  
RETREAT**



AROUND THE ARCHDIOCESE

Armour of God Retreat (6 – 7 Apr)

EPHESIANS 6: 10-17: ARMOUR OF GOD RETREAT  
(EPH6)

**Date & Time:** 6 – 7 April 2024

**Mode:** In-person 2D/1N Stay-in Retreat

**Address:** St. Francis Xavier  
Retreat Centre, 199 Punggol  
Seventeenth Ave

**Cost:** \$320/- (en suite single-room & meals included)



**Register at:** [www.catholicleader.sg](http://www.catholicleader.sg)



CATHOLIC  
LEADERSHIP  
CENTRE

Lead Like Jesus (13 & 20 Apr)

LEAD LIKE JESUS (LLJ)

**Date:** 13 & 20 Apr 2024

**Time:** 9am - 5:30pm

**Venue:** Agape Village,  
7A Lor 8 Toa Payoh, MPR1, 3<sup>rd</sup> floor

**Cost:** \$200/- (lunch & tea breaks  
for 2 days & workbook included)



**Register at:** [www.catholicleader.sg](http://www.catholicleader.sg)



CATHOLIC  
LEADERSHIP  
CENTRE





# THE WELCOME

## 2024 New Wine Parish Conference

Unlocking Heartfelt Hospitality in Your Parish

**Everyone desires to find a place where they can feel welcomed and belonged.**

The parish as the gathering of God's family should be such a place. However, the reality is that our lived experience of welcome sometimes falls short. The love of Christ through the community is not always felt, leaving us to wonder what being part of God's family is really like.

So how can our parishes be more welcoming? And if we are all part of the church and God's family, how can each one of us play our part to intentionally extend warmth and welcome to friends and strangers alike?

Join us as we seek to answer these questions and gain insights from our Conference speakers, so we can unlock heartfelt hospitality and be the welcome for others.

Fr. Adrian Danker, SJ  
The Heart of Hospitality

Fr. Michael D'Cruz, OFM  
The Welcoming Parish

Fr. Terence Pereira  
Sacramental Touchpoints  
: From Womb to Tomb

Lawrence Chong  
Hotel or Home:  
A Study of SG  
Parishes and their  
Evangelisation Impact

Marian Koh  
Charting the Course  
for Parish Hospitality

Nicholas Gabriel Lim  
Insights for  
Intergenerational  
Welcome

Christine Wong  
Mental Health  
Matters

**12 APRIL 2024**  
(7.30PM TO 9.30PM)  
**13 APRIL 2024**  
(9.30AM TO 4.00PM)

**618 UPPER BUKIT  
TIMAH S678214**  
(ST FRANCIS XAVIER  
SEMINARY BUILDING)

**CONFERENCE FEE**  
(INCLUSIVE OF GST)  
**\$28** (INDIVIDUAL)  
**\$88** (GROUP OF 4)

Jenny Lim  
Supporting People  
with Special Needs

Alfred Pang  
Gracious  
Spaciousness

Teresa Long  
Hospitality  
Beyond the Pew

Patrick Tan  
Welcoming in  
the Digital Age



FIND OUT MORE!  
[bit.ly/newwine2024](https://bit.ly/newwine2024)

REGISTRATION  
CLOSES 31 MARCH



AT THE FEET OF THE GOOD SHEPHERD RETREAT (FGS)

27 - 28 April 2024 OR

29 - 30 June 2024

St. Francis Xavier Retreat Centre,  
199 Punggol 17th Ave

\$300/- (ensuite single-room &  
meals included)



CATHOLIC  
LEADERSHIP  
CENTRE

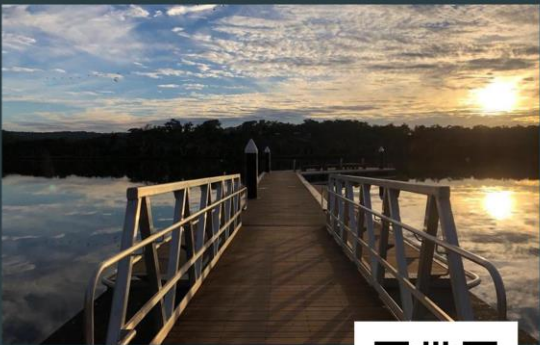
Register at: [www.catholicleader.sg](http://www.catholicleader.sg)

BUILDING TRUST (TRU)

4 May 2024, 9.30am - 3:30pm

Agape Village, 7A Lor 8  
Toa Payoh, MPR1 (#03-09)

\$100/- (lunch included)



CATHOLIC  
LEADERSHIP  
CENTRE

Register at: [www.catholicleader.sg](http://www.catholicleader.sg)



Marriage Encounter



# LISTEN CONNECT RENEW

at the **ME** Weekend

The Marriage Encounter Weekend is a stay-in experience that provides married couples the ideal opportunity to listen, share and connect more deeply with each other. It helps to greatly improve communication and renew the loving feelings they have for each other.



Scan to book your  
ME Weekend with us

Or

Call Reenie at  
9670 5390

Upcoming :  
Weekends  
(Open for booking)

Apr 5-7;    May 31-Jun 2;    Aug 2-4    : English  
Apr 19-21;    Aug 16-18    : Bahasa Indonesia  
Mar 15-17;    Sep 20-22    : Mandarin

Good marriages can always be made better! To deepen your couple relationship, do sign up for a Marriage Encounter Weekend scheduled for April 5 to 7, May 31 to Jun 2, and August 2 to 4 by contacting Reenie at 9676 7889 or email at [mewkend@gmail.com](mailto:mewkend@gmail.com) or scan the QR code to book your weekend with your spouse."

Marriage Preparation Courses



This course, spanning over 6 half-day sessions on weekends, is designed to help couples build strong foundation for a lasting fulfilling marriage.

Upcoming MPC Sessions

**Q3: 21 Jul to 25 Aug 2024**

or

**Q4: 29 Sep to 10 Nov 2024**



Couples intending to celebrate your union in the Catholic Church are encouraged to attend MPC as early as possible before your wedding date

Scan to  
Register!



For more details visit  
[www.mpcsingapore.com](http://www.mpcsingapore.com)

AROUND THE ARCHDIOCESE

ME 45<sup>th</sup> Anniversary Mass (22 May)



MAIN CELEBRANT :  
**WILLIAM CARDINAL GOH**

CHURCH OF THE HOLY CROSS | 450 CLEMENTI AVENUE 1 SINGAPORE 129955  
MASS COMMENCES AT 10.30AM  
LUNCH RECEPTION THEREAFTER AT CHURCH CANTEEN

#WWMESG45  
tinyurl.com/wwmesg45Mass

CLOSING DATES FOR REGISTRATION | MILESTONE COUPLES: 22 APR 2024  
NON MILESTONE COUPLES: 05 MAY 2024

An Ignatian Retreat

An individually-guided silent retreat with daily spiritual direction, Mass and Eucharistic Adoration. Set on a small island, away from the business of city life. Come as you are to encounter the Lord.

7-day Retreat: 29 August – 6 September 2024  
5-day Retreat: 31 August – 6 September 2024

Dates include travelling time  
Venue: Xavier House, Cheung Chau island, Hong Kong  
For enquiries, email Jacinta Teo or Sister Cecily at anchoredinchristsg@gmail.com  
More information and registration at tinyurl.com/XH2024

